

|            |           |                                                |                                                   |                                                   |                                               |  |
|------------|-----------|------------------------------------------------|---------------------------------------------------|---------------------------------------------------|-----------------------------------------------|--|
| Montag     | Dance     |                                                | 17.00-18.00<br>DiscoDance<br>Techik-Kids          | 18.00-19.00<br>DiscoDance<br>Techik-Teens         | 19.00-20.00<br>DiscoDance<br>Techik-Adults    |  |
|            | Fit       | 16.30-17.30<br>Stepptanz-Kids<br>(8-12 Jahre)  |                                                   |                                                   | 19.15-20.15<br>Zumba Fitness<br>(Mittelstufe) |  |
|            | No Limits |                                                | 16.30-18.00<br>Hip Hop Kids<br>(6-11 Jahre)       | 17.30-18.30<br>DiscoKids<br>(8-11 Jahre)          |                                               |  |
| Dienstag   | Dance     |                                                | 17.00-18.00<br>Kreativer KiTa<br>(2,5-6 Jahre)    |                                                   |                                               |  |
|            | Fit       |                                                |                                                   | 18.00-19.00<br>Hip Hop Show<br>(ab 12 Jahre)      |                                               |  |
|            | No Limits |                                                | 17.15-18.15<br>DiscoDance<br>New Style (ab 10 J.) | 18.15-19.30<br>Strong by Zumba<br>& Stretching    |                                               |  |
| Mittwoch   | Dance     |                                                | 17.00-18.00<br>Zumba Gold<br>(Einsteiger)         | 18.15-19.15<br>Zumba Fitness                      |                                               |  |
|            | Fit       | 16.30-17.45<br>Hip Hop<br>Performance (M)      |                                                   | 18.15-19.30<br>K-Pop Arts<br>(Einsteiger)         |                                               |  |
|            | No Limits |                                                | 17.00-18.00<br>D!s Kids Club<br>(8-11 Jahre)      |                                                   |                                               |  |
| Donnerstag | Dance     | 16.30-17.30<br>Kids Dance<br>(4-7 Jahre)       | 17.30-18.30<br>Meisterschafts-<br>Training- Kids  | 18.30-19.30<br>Meisterschafts-<br>Training- Te/Ad |                                               |  |
|            | Fit       | 16.45-17.45<br>DiscoDance<br>(Einsteiger)      |                                                   |                                                   |                                               |  |
|            | No Limits |                                                | 17.30-18.30<br>Box It                             | 18.30-19.30<br>Fit & More/<br>Box It              |                                               |  |
| Freitag    | Dance     | Meisterschafts<br>training                     | Meisterschafts<br>training                        | Meisterschafts<br>training                        | Meisterschafts<br>training                    |  |
|            | Fit       | 15.45-16.30<br>Kreativer KiTa<br>(2,5-4 Jahre) | 16.30-17.15<br>D!s Mini Kids<br>Club (4-6 Jahre)  | 17.15-18.00<br>TikTok<br>By Step & Dance          |                                               |  |
|            | No Limits |                                                |                                                   |                                                   |                                               |  |